

Ages 3 - 5 years

Age	Level	
3 - 5 years	Pre School A	These preschoolers will have fun learning to get in and out of the water. We will help them jump into chest deep water. They will try floats on their front and back, and glides on their back while wearing a PFD. They will learn to get their face wet and blow bubbles underwater.
	Pre School B	These preschoolers learn to jump into chest deep water by themselves, and get in and get out wearing a PFD. They will submerge and exhale underwater. They will glide on their front and back while wearing a Personal Flotation Device (PFD).
	Pre School C	These youngsters will try both jumping and a side roll into deep water while wearing a PFD. They will recover objects from the bottom in waist-deep water. They will work on kicking and gliding through the water on their front and back.
	Pre School D	Advanced preschoolers will learn to do solo jumps into deeper water and get out by themselves wearing a PFD. They will do side roll entries and open their eyes underwater. They will master a short (3-5 m) swim on their front and gliding and kicking on their side.