


Monday	Tuesday	Wednesday	Thursday	Friday
 <p>SENIORS' CENTRE for EXCELLENCE</p>	<p>ASH - Arthur Seniors Hall CUC - Clifford United Church DRC - Drayton Reformed Church KPC - Knox Presbyterian Church CNRA Clubhouse-Palmerston Lib - Library</p>	<p>MFPC - Mount Forest Pentecostal Church PUC - Palmerston United Church VON - SMART 392 Main St North Mount Forest PMD - Drayton Arena</p>	<p>01 9:00 Palmerston &amp; Drayton Walking - Arena 9:30 Arthur Walking - Arena 10:00 Coffee Morning - Clifford Hall 11:00 Harriston Exercise- KPC <b>1:00 Shuffleboard - PMD</b> 2:00 Hooks &amp; Needles- Arthur Library 3:15 SMART Exercise - VON Mt Forest 6:00 Arthur Writer's Group - Arthur Library</p>	<p>02 9:00 Palmerston Walking - Arena 9:00 Drayton Walking - PMD 9:00 Harriston Walking - Arena 9:00 SMART Exercise PUC 9:00 SMART Exercise CUC 9:30 SMART Exercise DRC 10:15 SMART Exercise PUC 1:00 Bridge - Arthur Seniors Hall</p>
<p>05 9:00 Palmerston Walking - Arena 9:00 Harriston Walking - Arena 9:00 SMART Exercise Clifford United Church 9:00 Euchre Drayton United Church 9:30 SMART Exercise Drayton Reformed Church 10:00 Yoga - PUC -\$5. per class 10:00 Line Dancing - Harriston Arena -\$3. per class</p>	<p>06 <b>Good Food Box Payment Date</b> 9:00 Drayton Walking - PMD 9:00 Arthur Exercise - ASH 9:30 Arthur Walking - Arena 9:00 SMART Exercise PUC 10:15 SMART Exercise PUC 10:30 Friendship Circle - MFPC 11:00 Harriston Exercise - KPC</p>	<p>07 9:00 Palmerston &amp; Harriston Walking - Arena 9:30 Arthur Walking - Arena 9:00 SMART Exercise CUC 9:30 SMART Exercise DRC 1:00 Games Afternoon - Mt Forest DSP 7:00 Bereavement Group - Birmingham Retirement Community - Coping with Guilt</p>	<p>08 9:00 Palmerston &amp; Drayton Walking - Arena 9:30 Arthur Walking - Arena 10:00 Coffee Morning - Clifford Hall <b>11:00 International Women's Day - Palmerston United Church</b> 11:00 Harriston Exercise- KPC <b>1:00 Shuffleboard - PMD</b> 3:15 SMART Exercise - VON Mt Forest</p>	<p>09 9:00 Palmerston Walking - Arena 9:00 Drayton Walking - PMD 9:00 Harriston Walking - Arena 9:00 SMART Exercise PUC &amp; CUC 9:30 SMART Exercise DRC 10:15 SMART Exercise PUC <b>12:00 Drayton Dining-Home Safety</b> 2:30 Carnegie Cafe - Harriston Lib-Mercy Ships</p>
<p>12 9:00 SMART Exercise Clifford United Church 9:00 Euchre Drayton United Church 9:30 SMART Exercise Drayton Reformed Church 10:00 Yoga - Palmerston United Church - \$5. per class</p>	<p>13 <b>Good Food Box Drop Off Date</b> 9:00 Arthur Exercise - ASH 9:30 Arthur Walking - Arena 9:00 SMART Exercise PUC 10:15 SMART Exercise PUC 10:30 Friendship Circle - MFPC 11:00 Harriston Exercise - KPC 3:15 SMART Exercise - VON Mt Forest</p>	<p>14 9:30 Palmerston Shuffleboard-Arena 9:30 Arthur Walking - Arena 9:00 SMART Exercise CUC 9:30 SMART Exercise DRC <b>12:00 Palmerston Dining-Lyndsay Thomas Morgan - Irish and other music</b> 1:00 Games Afternoon Mt Forest DSP 2:00 Art Workshop - Harriston Library \$5.00</p>	<p>15 9:30 Arthur Walking - Arena 10:00 Coffee Morning - Clifford Hall 11:00 Harriston Exercise- KPC 2:00 Hooks &amp; Needles - Arthur Library 3:15 SMART Exercise - VON Mt Forest</p>	<p>16 9:00 SMART Exercise Clifford United Church 9:00 Drayton Walking - PMD 9:00 SMART Exercise PUC 9:30 SMART Exercise DRC 10:15 SMART Exercise PUC <b>12:00 Clifford Dining-Hardy Lee Funeral Home - Are you Ready?</b> <b>1:00 Shuffleboard - PMD</b></p>
<p>19 9:00 Palmerston Walking - Arena 9:00 Harriston Walking - Arena 9:00 SMART Exercise Clifford United Church 9:00 Euchre Drayton United Church 9:30 SMART Exercise Drayton Reformed Church 10:00 Yoga - Palmerston United Church -\$5. per class</p>	<p>20 9:00 Drayton Walking - PMD 9:00 SMART Exercise PUC 9:30 Arthur Walking - Arena 10:15 SMART Exercise PUC 10:30 Golden Hearts Luncheon - MFPC 11:00 Harriston Exercise - KPC 3:15 SMART Exercise - VON Mt Forest</p>	<p>21 9:00 Palmerston &amp; Harriston Walking - Arena 9:30 Arthur Walking - Arena 9:00 SMART Exercise CUC 9:30 SMART Exercise DRC 1:00 Games Afternoon - Mt Forest DSP 2:00 Art Workshop - Palm Lib \$5.00 per class 2:00 Cards &amp; Games \$2 - CNRA</p>	<p>22 9:00 Palmerston Walking - Arena 9:30 Arthur Walking - Arena 9:00 Drayton Walking - PMD 10:00 Coffee Morning - Clifford Hall 11:00 Harriston Exercise- KPC <b>1:00 Shuffleboard - PMD</b> 3:15 SMART Exercise - VON Mt Forest</p>	<p>23 9:00 Palmerston Walking - Arena 9:00 Harriston Walking - Arena 9:00 Drayton Walking - PMD 9:00 SMART Exercise PUC &amp; CUC 9:30 SMART Exercise DRC 10:15 SMART Exercise PUC</p>
<p>26 9:00 Palmerston Walking - Arena 9:00 Harriston Walking - Arena 9:00 SMART Exercise Clifford United Church 9:00 Euchre Drayton United Church 9:30 SMART Exercise Drayton Reformed Church 10:00 Yoga - Palmerston United Church -\$5. per class 2:00 Carnegie Cafe -Drayton Lib - Armchair Travel</p>	<p>27 9:00 SMART Exercise Palmerston United Church 10:15 SMART Exercise Palmerston United Church 10:30 Friendship Circle - Mount Forest Pentecostal Church 11:00 Harriston Exercise- Knox Presbyterian Church 3:15 SMART Exercise - VON Mt Forest</p>	<p>28 9:00 Palmerston Walking - Arena 9:00 Harriston Walking - Arena 9:00 SMART Exercise CUC 9:30 Arthur Walking - Arena 10:00 Friendship Circle -PUC 1:00 Games Afternoon - Mt Forest &amp; DSC <b>12:00 Harriston Dining- OPP Bicycle Unit - OPP Laura Gromeder</b></p>	<p>29 9:00 Palmerston Walking - Arena 9:30 Arthur Walking - Arena 10:00 Coffee Morning - Clifford Hall 11:00 Harriston Exercise- Knox Presbyterian Church <b>12:00 Arthur Dining - Jack Financial - Income Tax Tips and more</b> 3:15 SMART Exercise - VON Mt Forest</p>	