

Monday	Tuesday	Wednesday	Thursday	Friday
01	02	03	04	05
<p>January 2018</p>  	<p>Good Food Box Payment Date</p> <p>9:00 Drayton Walking - PMD 9:30 Arthur Exercise - ASH 9:00 Arthur Walking - Arena 9:00 SMART Exercise PUC 10:15 SMART Exercise PUC 10:30 Friendship Circle - MFPC 11:00 Harriston Exercise - KPC</p>	<p>9:00 Palmerston & Harriston Walking - Arena 9:30 Arthur Walking - Arena 9:00 SMART Exercise CUC 9:30 SMART Exercise DRC 1:00 Games Afternoon - Mt Forest District Sports Plex 7:00 Bereavement Group - Birmingham Retirement Community</p>	<p>9:00 Palmerston Walking - Arena 9:30 Arthur Walking - Arena 9:00 Drayton Walking - PMD 10:00 Coffee Morning - Clifford Hall 11:00 Tastes for Life - MFPC 11:00 Harriston Exercise- KPC 2:00 Hooks & Needles- Arthur Library 3:15 SMART Exercise - VON Mt Forest 6:00 Writing Group - Arthur Library</p>	<p>9:00 Palmerston Walking - Arena 9:00 Harriston Walking - Arena 9:00 SMART Exercise PUC 9:30 SMART Exercise DRC 10:15 SMART Exercise PUC 1:00 Bridge - Arthur Seniors Hall</p>
	<p>08</p> <p>9:00 Palmerston Walking - Arena 9:00 Harriston Walking - Arena 9:00 SMART Exercise Clifford United Church 9:00 Euchre Drayton United Church 9:30 SMART Exercise Drayton Reformed Church 10:00 Yoga - Palmerston United Church -\$5. per class 10:00 Line Dancing - Harriston Arena \$3. per class</p>	<p>09</p> <p>Good Food Box Drop Off Date</p> <p>9:00 Drayton Walking - PMD 9:00 Arthur Exercise - ASH 9:00 Arthur Walking - Arena 9:00 SMART Exercise PUC 10:15 SMART Exercise PUC 10:30 Friendship Circle - MFPC 11:00 Harriston Exercise - KPC</p>	<p>10</p> <p>9:00 Palmerston & Harriston Walking - Arena 9:30 Arthur Walking - Arena 9:00 SMART Exercise CUC 9:30 SMART Exercise DRC 12:00 Palmerston Dining: 'Have Your Say 1:00 Games Afternoon - Mt Forest DSP 2:00 Art Workshop-Harriston Lib- Stenciling \$5.00 per class</p>	<p>11</p> <p>9:00 Palmerston Walking - Arena 9:00 Arthur Walking - Arena 9:00 Drayton Walking - PMD 10:00 Coffee Morning - Clifford Hall 11:00 Harriston Exercise- KPC 3:15 SMART Exercise - VON Mt Forest</p>
<p>15</p> <p>9:00 Palmerston Walking - Arena 9:00 Harriston Walking - Arena 9:00 SMART Exercise Clifford United Church 9:00 Euchre Drayton United Church 9:30 SMART Exercise DR Church 10:00 Yoga - PUC - \$5. per class 10:00 Line Dancing - Harriston Arena - \$3.00 per class</p>	<p>16</p> <p>9:00 Drayton Walking - PMD 9:00 Arthur Exercise - ASH 9:30 Arthur Walking - Arena 9:00 SMART Exercise PUC 10:15 SMART Exercise PUC 10:30 Golden Hearts Luncheon - MFPC 11:00 Harriston Exercise - KPC 3:15 SMART Exercise - VON Mt Forest</p>	<p>17</p> <p>9:00 Palmerston & Harriston Walking 9:30 Arthur Walking - Arena 9:00 SMART Exercise CUC 9:30 SMART Exercise Drayton Reformed Church 1:00 Games Afternoon Mt Forest DSP 2:00 Cards & Games \$2 - CRNA Palmerston 2:00 Art Workshop - Palmerston Library - Stenciling \$5.00 per class</p>	<p>18</p> <p>9:00 Palmerston Walking - Arena 9:30 Arthur Walking - Arena 10:00 Coffee Morning - Clifford Hall 11:00 Harriston Exercise- KPC 2:00 Hooks & Needles - Arthur Library 3:15 SMART Exercise - VON Mt Forest</p>	<p>19</p> <p>9:00 Palmerston Walking - Arena 9:00 Harriston Walking - Arena 9:00 SMART Exercise PUC 9:30 SMART Exercise Drayton Reformed Church 10:00 SMART Exercise PUC</p>
<p>22</p> <p>9:00 Palmerston Walking - Arena 9:00 Harriston Walking - Arena 9:00 SMART Exercise Clifford United Church 9:00 Euchre Drayton United Church 9:30 SMART Exercise Drayton Reformed Church 10:00 Yoga - PUC - \$5.00 per class 10:00 Line Dancing - Harriston Arena \$3. per class</p>	<p>23</p> <p>9:00 Drayton Walking - PMD 9:00 SMART Exercise PUC 9:30 Arthur Walking - Arena 10:15 SMART Exercise PUC 10:30 Friendship Circle - MFPC 11:00 Harriston Exercise - KPC 3:15 SMART Exercise - VON Mt Forest</p>	<p>24</p> <p>9:00 Palmerston & Harriston Walking - Arena 9:30 Arthur Walking - Arena 9:00 SMART Exercise CUC 9:30 SMART Exercise Drayton Reformed Church 1:00 Games Afternoon - Mt Forest DSP</p>	<p>25</p> <p>9:00 Palmerston Walking - Arena 9:30 Arthur Walking - Arena 9:00 Drayton Walking - PMD 10:00 Coffee Morning - Clifford Hall 11:00 Harriston Exercise- KPC 12:00 Arthur Dining - Jeopardy 3:15 SMART Exercise - VON Mt Forest</p>	<p>26</p> <p>9:00 Palmerston Walking - Arena 9:00 Harriston Walking - Arena 9:00 Drayton Walking - PMD 9:00 SMART Exercise PUC 9:30 SMART Exercise DRC 10:15 SMART Exercise PUC 12:00 Clifford Dining Dietitian Paula</p>
<p>29</p> <p>9:00 Palmerston Walking Group - Arena 9:00 Harriston Walking Group Arena 9:00 SMART Exercise Clifford United Church 9:00 Euchre Drayton United Church 9:30 SMART Exercise DR Church 10:00 Yoga - PUC - \$5.00 per class 10:00 Line Dancing - Harriston Arena \$3. per class</p>	<p>30</p> <p>9:00 Drayton Walking - PMD 9:00 SMART Exercise PUC 9:30 Arthur Walking - Arena 10:15 SMART Exercise PUC 10:30 Friendship Circle - MFPC 11:00 Harriston Exercise - KPC 3:15 SMART Exercise - VON Mt Forest</p>	<p>31</p> <p>9:00 Palmerston & Harriston Walking - Arena 9:30 Arthur Walking - Arena 9:30 SMART Exercise Drayton Reformed Church 10:00 Friendship Circle PUC 12:00 Harriston Dining- Right at Home Canada - Safety at Home 1:00 Games Afternoon - Mt Forest & District Sports Complex</p>	<p>01</p> <p>ASH - Arthur Seniors Hall CUC - Clifford United Church DRC - Drayton Reformed Church KPC - Knox Presbyterian Church CRNA -Palmerston</p>	<p>02</p> <p>MFPC - Mount Forest Pentecostal Church PUC - Palmerston United Church VON - SMART 392 Main St North Mount Forest</p>